









# COVID-19 (coronavirus) absence: A quick guide for parents / carers

What to do if...	Action needed	Back to school...
 <p>...my child has <b>COVID-19 (coronavirus) symptoms*</b></p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p><b>...when child's test comes back negative and free from fever for 48 hours</b></p> <p>A negative result means the test did not find coronavirus. They can return to school when feeling well enough. Coughs and loss of smell/ taste may last several weeks if the child had another virus such as a cold or flu.</p>
 <p>...my child tests <b>positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>• Inform school immediately about test results</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<p><b>...following 10 days isolation from start of symptoms and when child feels better, and has been without a fever for at least 48 hours</b></p> <p>They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.</p>
 <p>...somebody in my household has <b>COVID-19 (coronavirus) symptoms*</b></p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Household member with symptoms should get a test</li> <li>• Whole household self-isolates while waiting for test result</li> <li>• Inform school immediately about test results</li> </ul>	<p><b>...when household member test is negative, and child does not have COVID-19 symptoms*</b></p>
 <p>...somebody in my household has tested <b>positive for COVID-19 (coronavirus)</b></p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<p><b>...when child has completed 14 days of self-isolation, even if they test negative during the 14 days</b></p>

A household includes everyone living in one home plus their support bubble (if you have one).

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste.  
See more at: <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to school...
 <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days</li> <li>• Rest of household does not need to self isolate, unless they have also been identified as a 'close contact' of someone with a positive result</li> </ul>	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel</li> <li>• Provide information to school as per attendance policy</li> </ul> <p><b>Returning from a destination where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Whole household self-isolates for 14 days – even if they test negative during those 14 days</li> </ul>	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> <li>• Child shouldn't attend school</li> <li>• Contact school as advised by attendance officer / pastoral team</li> <li>• Child should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
 <p>....I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> <li>• Only people with symptoms* need to get a test</li> <li>• People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	<p>...when conditions above, as matching your situation, are met</p>

For further information:

[www.derbyshire.gov.uk/coronavirus](http://www.derbyshire.gov.uk/coronavirus)