

### Library of Resources for parents

- How to talk so kids will listen and listen so kids will talk, Adele Faber and Elaine Mazlish  
*Very easy to read, very effective parenting techniques*
- The book you wish your parents had read, Philippa Perry  
*Again, very effective parenting techniques*
- Divas and dictators, Charlie Taylor  
*How to deal with unruly toddlers and young children*
- Toddler Taming, Dr Christopher Green  
*What it says on the tin!*
- The A-Z of Therapeutic parenting, Sarah Naish  
*Recommended for adopted children or children in care, special guardianship, children who have experienced trauma*
- A Guide to Attachment and how it affects people's lives by a foster carer and adoptive parent  
*Recommended for adopted children or children in care, special guardianship, children who have experienced trauma*
- The Quiet Child, Susan Cain  
*The Power of introverts in a world that can't stop talking*
- No More nappies  
*A simple guide to potty training*
- No more dummies  
*A child's guide to giving up a dummy*
- The Sleep Lady's good night, sleep tight, Joanne Kennen  
*Support to get your child to sleep at night*
- A-Z of tricky behaviours in the Early Years, Dr Hannah Mortimer
- Listening to Children in their Early Years, Dr Hannah Mortimer  
*How to see things from the child's point of view*
- Raising Girls, Steve Biddulph  
*Helping your daughter to grow up wise, warm and strong*
- Raising Boys, Steve Biddulph  
*Helping your son to grow up open-hearted, kind and strong*
- De-toxing childhood, Sue Palmer  
*Supporting children to adopt healthy habits in the modern world*
- Help your child to succeed, Bill Lucas and Alistair Smith  
*Helping your child to succeed in life is within the grasp of every parent*
- The reason I jump, Naoki Higashida  
*One boy's voice from the silence of autism*
- Teeth are not for biting

- Baby massage and yoga, in Anita Epple and Pauline Carpenter
- The Contented Baby with Toddler Book, Gina Ford  
*Practical tips and brilliant solutions to support busy parents*
- What to do when you dread your bed  
*A guide to parents through cognitive-behavioural techniques used to treat problems with sleep*