

MONDAY

Why not try making a green dinosaur smoothie today! There is a recipe below or create your own with green foods that you like. Take the opportunity to talk about what foods are healthy and good for us and why it is important to eat a variety of foods.

[Build A Menu Blog» Blog Archive Green Dinosaur Smoothie - Build A Menu Blog](#)



Look at the food in your kitchen and sort them into categories of fruit, vegetables, cereals etc. Draw a picture of your favourite meal and think if there is a variety of food types on your plate. Listen to a story read by one of the teachers on class dojo.

TUESDAY



[Days of the Week clap clap! to the tune of the Addams Family - Bing video](#)

Here is a link to a song we sing at nursery to help us remember the days of the week. Normally we talk about what days we go to swimming lessons, dance or karate lessons. However, at the minute it may be easier to think about what time we wake up, eat dinner, eat tea, go to bed. Just talk about o'clock for now. There is an activity attached where children can sort activities that happen in the day and at night.

WEDNESDAY

Today, think about the importance of all of our well being in these tricky times. At nursery we do mindfulness and yoga with the children and talk about what makes us all special and unique. Try out the following yoga story together.

[Go On A Safari Adventure! 🐾 Yoga Club \(Week 21\) | Cosmic Kids - Bing video](#)

Think about what you like to do to relax- do you like a story, listening to music, walking, having a bath, playing lego. Try and make sure you do one of these



things every day. Listen to one of the teachers read a story about how unique we all are on class dojo.

THURSDAY

Design your own dinosaur! Today's task is to create a new



type of dinosaur! You can draw, use playdough, lego, knex... Take a photograph of your dinosaur and tell us its name, its habitat, what it eats, how would you describe it- fast, slow, scaly...

[James McAvoy - 'The Dinosaur that Pooped' \(CBeebies Bedtime Stories\) - Bing video](#)

Click on the link to watch a dinosaur story! Watch the children at school doing some dinosaur movements- better still, join in!

FRIDAY

We are going to make a volcano today in school, we will post a video of it on dojo. If you fancy trying it, follow the link to find out how.

[How to make a volcano | Natural History Museum \(nhm.ac.uk\)](#)



Whilst we have been talking about dinosaurs being extinct, we have thought about animals that are at risk of becoming extinct. Look at the attached power point about endangered species. Listen to an animal story on dojo

**We do check the content of these hyperlinks, but please could you also check them before showing You Tube videos to your child. Remember that these are some ideas but as your child's best teacher, you will know the best level to work at so adjust the plans accordingly. Children learn better when they are interested, so if you started an activity and your child is not interested, stop! Thank you.**